

Annual Report 2015-16

The academic year 2015-2016 was an eventful one for Sree Narayana College for Women, Kollam with the visit of the NAAC peer team in November 2015. The whole college was busy with the preparations to receive the team to fulfill the requirements of the UGC. With team effort and wholehearted cooperation of the members of the staff and students, we were able to impress the NAAC team with our achievements over the past five years.

Academic Sphere

The academic performance of the students is systematically evaluated through internal exams, assignments & seminars. Those students with poor outcome were given remedial classes by the concerned faculty members. An initiative of KSHEC named Walk With a Scholar (WWS) scheme is implemented in our college to provide specialized mentoring programmes for under graduate students in Arts, Science and Commerce with an aim to shape their future career .CLMC prepares and distributes semester wise programme calendar, circulates notices on changes relating to the CBCSS system, make necessary arrangements for the conduct of two sets of test papers for all the programmes in each semester, take necessary steps for implementing Open Courses for each programme during the fifth and sixth semester, takes step to allot Social service/ Extension Activity (Club Activity) for students of 3rd and 4th semester, examine the complaints of students regarding the internal grade marks, ensure that the internal grade sheets are prepared and displayed on time and conduct regular meetings with DLMC to ensure effective implementation of the CBCSS programme.

Academic Achievement of Students

The College is always at the forefront both in academic and extracurricular activities. The results of the first batch of the newly started M.A. course also brought laurels to the institution.

Our Rankholders at University Level

Sruthi T.R	I Rank	B.Sc Biochemistry& IMB	2016
Gopika.P.Hassan	I Rank	B.Sc HomeScience	2016
Aysha M	IV Rank	B.Sc HomeScience	2016

Arundhathi Mohan	I Rank	B.A Hindi	2016
Asha Mariam Jacobe	III Rank	B.A Malayalam	2016
Greeshma P.B	IV Rank	B.A Malayalam	2016
Anchitha Mohan	III Rank	B.Com	2016
Reshma Rajeevan	I Rank	B.A Economics	2016
Gopika Varma	III Rank	B.A Economics	2016
Anamika P.V	V Rank	B.A Economics	2016
Sruthy S Kumar	V Rank	B.Sc Botany	2016

University Result of various UG & PG programmes for the AY 2015-16

Programme	Programme	Programme	No.of	No.of	Pass
Code	Name	Specialisation	students	students	Percentage
			appeared	passed	
			in the	in the	
			final	final	
			year	exam	
130	BA	English	67	60	89.55
115	BA	Malayalam	65	24	36.92
125	BA	Hindi	46	39	84.78
140	BA	History	70	42	63.64
150	BA	Economics			
158	BA	Music	9	7	77.78
159	BCom	Commerce	54	28	52
220	BSc	Mathematics	61	24	39.34
230	BSc	Physics	53	38	71.70
235	BSc	Chemistry	48	23	49
245	BSc	Botany	43	21	49
250	BSc	Zoology	45	29	64.44
255	BSc	Home Science	41	13	31.70
248	BSc	Biochemistry&	27	12	34.44
		Industrial			

		Microbiology			
530	MA	English	20	20	100
655	MSc	Home Science	5	5	100
630	MSc	Physics	13	10	76.92
637	MSc	Chemistry	13	11	84.6

Extra curricular activities of Students

- Our BA Malayalam students Ms.Asha Mariam Jacob and Greeshma P.B won first prize in All Kerala Reading Competition.
- Kum. Reshma Rajeevan BA Economics secured first prize for the essay writing competition conducted as part of Kerala university youth festival.
- Gopika varma BA Economics secured first prize in Recitation conducted as part of "vayalar anusmaranam"
- Geethu BA Malayalam won the Intercollegiate Baseball championship.
- Roshna M of final year B.com secured 2nd place for Hindi Poetry writing at Kerala University Youth festival.
- The students of zoology department won first prize for "Athappokkalam" Competition organised by an esteemed daily Mathrubhumi
- The post graduate students of Home science department organised an exhibition on nutrition and health "NUTRIFIESTA".
- PG students of Home Science department also visited old age homes, orphanage and took anthropometric measurements of children studying in lower primary school. As part of their women study paper, the students visited family court. They took class on Interior Decoration, Management and Nutrition for the BSc 4th and 6th semester students. They prepared power point presentations for the class. The II semester PG students attended a class on "Space Designing & Draftmanship".
- As part of flower show organised by Quilon Horticulture Society, the Bsc 6th semester students participated and got first and second prize in various flower arrangement competitions
- The students of 1st semester BA Music participated in a National Level Bio Fest named PRANA conducted by MACFAST (Mar Athanasios College For Advanced

Studies Tiruvalla)and received First Prize for the Thematic Dance "TANETZ". The participants are –

- Aleena Varghese of I BA History secured different positions in various competitions.
- Junior Federation State Heptathlon I Position (Gold Medal)
- Inter Cub State Meet Heptathlon I Gold Medal, Hurdles 3rd
- South zone Nationals Heptathlon 3rd, Hurdles 2nd
- Junior State meet Heptathlon I, Hurdles 3rd
- Sruthimol Sasi of II BA history was selected as the Best Women Boxer in Inter Collegiate Boxing Championship
 - Kum. Jincy s BA Economics secured 2nd prize in the inter -collegiate baseball competition.
 - Emisha Shaji BA Economics secured a bronze medal in the boxing championship.
 - Saniya Abraham BA Economics secured prizes in the intercollegiate boxing championship.
 - Richu Alex of I B.Sc Maths participated in the All India Inter University Athletic Meet held at Punjab.

The students also participated in the following inter collegiate championships.

- 1. Athletics
- 2. Base Ball
- 3. Softball
- 4. Chess
- 5. Handball
- 6. Boxing
- 7. Wrestling

Our performance in the inter collegiate Championships were

- 1. Winner in Kerala University Inter Collegiate Boxing Championship
- 2. III in Kerala University Inter Collegiate Baseball Championship

Our Students also participated in the Inter Collegiate Athletic Meet which held at University Stadium Trivandrum from our athlete Jaisrani Sebastain got gold in 400m Hurdles, Aleena Vincent Gold with record in Heptathalon.

Our College Boxing team participated in the Inter collegiate Boxing Championship hoisted by our College, and won the Women Championship with 4 gold medals and 2 silver medals.

College baseball team participated in the Inter collegiate baseball chapionship held at TKM College, Kollam and secures II Position.

Inter Collegiate softball championship was held at NSS College Nilamel and became fourth in this championship.

Kerala University Hand ball championship was held at Govt.College for Women, Trivandrum. Our team participated in this tournament.

Kerala University Chess Championship was held at CET Trivandrum and our team participated in that Championship.

Kerala University Wrestling Championship was held at Central Stadium Trivandrum and our wrestlers participated in this championship.

For the preparation of all the above said teams, department of Physical Education conducted 15 days coaching camps for the students

University Players from our college:

- 1. Jais Rani Sebastian
- 2. Aleena Vincent
- 3. Sruthimol Sasi
- 4. Sruthi Rajan
- 5. Emisha Shaji
- 6. Saniya Abraham
- 7. Geethu G
- 8. Vidhya V
- 9. Richu Alex
- 10. Geethu G
- 11. Pooja Dath

Developmental activities of PTA

PTA supported various programs during the academic year 2015-2016. PTA assisted the renovation and roofing of the heritage building, installed two air conditioners in the principal's room and two in the IQAC room. The Principal's room was renovated including a

new desk, wooden paneling, shelf, and floor polishing. A room for the NAAC coordinator was also renovated including the installation of new toilet fittings.

Club Ativities/Seminars / Workshops Conducted by the department

• EED in association with nature club and the Dept of Botany celebrated the International Day for the preservation of Ozone Layer from 16 to 30 September 2015. Various programs like Quiz competition on environmental issues, planting mangrove saplings at Ashtamudi, one day seminar on " Green Chemical Healing of Ozone Layer" and a documentary show on " Save the Ozone Canopy" supported by KSCSTE were organised.



- The Department of Malayalam conducted four College level seminars on stress in learning, time management Present state of Malayalam, Modern Malayalam and about the works of O.N.V. Kurup.
- The teachers and the students of the Department of Malayalam visited the Mahilamandiram, Sasthamcotta and karikode and provide notebooks, food and cloths and vegetable's seeds to the inmates.

- Department of Hindi conducted a Career Guidance Class for the final and First year BA Hindi students.
- The Department of History conducted national seminar on "Dalit Liberation Movement in Modern Kerala". Smt.ShinaMol IAS, District Collector, Kollam inaugurated the Seminar. Dr.OK Santhosh, Assistant Professor, Madras University delivered the Keynote address.
- Department of Commerce organised a seminar for CA aspirants in association with Institutue of Chartered Accountants of India- kollam Chapter .Career guidance class was conducted by Ravi R Kamath from Cochin for the final year students on 10/12/15.
 A class on IFRS was conducted for final year B.com students in the month of January.
- The Department of Economics organised a two day a National Seminar on "Importance of Green GDP and sustainable Development in India". The seminar was inaugurated by Dr. Faizi (Member:CBD Expert group on Biodiversity for poverty eradication).



- The Department of Mathematics conducted a seminar on the topic "The Number Pi" was held on International Pi Day 15-03-2016
- The Department of Zoology organised an interactive session with Dr.Faizy, Prominent Biodiversity Consultant on 08/06/2015. The department also conducted a workshop on "Water Resources and their Management" sponsored by Kerala State Council for Science, Technology and Environment on 08/10/2015 and 09/10/2015. They also organised a one day international seminar on Biodiversity conservation. Mr.Bravin Kumar, TWAS Fellow, Chinese Academy of Science was the resource person. Poster presentation and a quiz competition were also conducted on the same day
- The Department of Home Science in association with Pidilite Industries Limited organised a fabric painting, tie & dye and glass painting workshop for three days for our BSc 5th Semester students.



Community Development Activity

The Planning forum of the college sponsored food and distributed bedsheets and towels to the members of Agathimandiram, Mundakkal.

Activities of NSS

The college has an active NSS Unit 13 a& b which aims to enable the students to understand the community in which they work, understand themselves in relation to their community, identify the needs and problems of the community and involve them in problem solving, develop among themselves a sense of social and civic responsibility and to develop the personality and character of the student youth through voluntary community service.



Awareness class on Drug Abuse among Youth was organized as part of International Day against Drug Abuse

The activities of the NSS unit spanned across different dates comprises of celebrating World environmental days planting a mango tree in the front yard of our college campus and also celebrating important days like independence day, teachers day ,NSS day, Gandhijayanti ,Republic day. The unit also oragnised various programmes for volunteers which includes Rain Water Harvesting Strategies (16/10/2015), Awareness class on Organ Donation(19/10/2015), Debate on 'Rising of Marriageable Age' (27/10/2015), Awareness class on Banking 28/10/2015, Legal Literacy Class (03/11/2015), IT Training Programme to the NSS volunteers (08/11/15 to 09/11/15), Training programme on interview skills for women (05.01.2016), Awareness class on "women Empowerment" (18/03/2016)

Awards and Acheivements

The college principal Dr.Sherly P Anand received Best Arts and Science College Principal Award of Fr.Paul Cruz Foudation in 2015.

The academic year 2015-16 has been a year of numerous blessings from God, the almighty. We take this opportunity to express our sincere gratitude to management, teaching, non teaching staffs, parents, students for their continuous support in all activities.

.

.

Annual Report 2016-17

Sree Narayana College for Women stands as a proud and triumphant symbol of a renascent and progressive society ushered in by the spiritual effulgence and vision of the great Guru. This prestigious institution has a great tradition of producing meritorious students from its very inception.. Now the college is one of the leading centres of learning in the field of higher education in Kerala with 16 teaching departments offering various courses at the Degree and Post-graduate levels for over 2500 students. It is with profound feeling of joy that we present a brief report of the college activities during the academic year 2016-17

Academic Sphere

The academic performance of the students is systematically evaluated through internal exams, assignments & seminars. Those students with poor outcome were given remedial classes by the concerned faculty members. An initiative of KSHEC named Walk With a Scholar (WWS) scheme is implemented in our college to provide specialized mentoring programmes for under graduate students in Arts, Science and Commerce with an aim to shape their future career .CLMC prepares and distributes semester wise programme calendar, circulates notices on changes relating to the CBCSS system, make necessary arrangements for the conduct of two sets of test papers for all the programmes in each semester, take necessary steps for implementing Open Courses for each programme during the fifth and sixth semester, takes step to allot Social service/ Extension Activity (Club Activity) for students of 3rd and 4th semester, examine the complaints of students regarding the internal grade marks, ensure that the internal grade sheets are prepared and displayed on time and conduct regular meetings with DLMC to ensure effective implementation of the CBCSS programme.

Academic Achievement of Students

Rank holders at University level during the Academic year 2016-17

Name	Rank	Stream	Subject	Batch
Anjali R S	3 rd	BSc	Physics	2014-2017

Lekshmi N	5 th	BSc	Chemistry	2014-2017
Gurupriya P	Ist	MSc	Chemistry	2015-2017
Sumayya T	2 nd	MSc	Chemistry	2015-2017
Anju A	3 rd	MSc	Chemistry	2015-2017
Sreekutty V S	2 nd	BSc	Home Science	2014-2017
Vijayalekshmi. P	4 th	BSc	Home Science	2014-2017
Athira Asokan	6 th	BSc	Home Science	2014-2017

Result of various department during the Academic year 2016-17

Programme	Programme	Programme	No.of	No.of	Pass
Code	Name	Specialisation	students	students	Percentage
			appeared	passed	
			in the	in the	
			final	final	
			year	exam	
130	BA	English	69	61	88.40
115	BA	Malayalam	57	32	56.14
125	BA	Hindi	49	44	89.79
140	BA	History	72	24	36.36
150	BA	Economics	136	62	46
158	BA	Music	10	3	30
159	BCom	Commerce	51	33	65
205	BSc	Geography	11	9	81.82
220	BSc	Mathematics	60	29	48.33
230	BSc	Physics	47	33	70.21
235	BSc	Chemistry	47	22	48

245	BSc	Botany	46	17	40
250	BSc	Zoology	48	34	70.83
v255	BSc	Home Science	35	13	37.14
248	BSc	Biochemistry& Industrial	27	15	55.55
		Microbiology			
530	MA	English	17	11	61.1
655	MSc	Home Science	5	5	100
630	MSc	Physics	13	11	84.61
637	MSc	Chemistry	13	9	69.2

Extra curricular activities of Students

- Sree Lekshmi S of II DC English secured II Prize for Spot Photography at the Kerala University Youth Festival 2017
- NADIYA.N & SREEKUTTY.S WON 2ND PRIZE IN STATE LEVEL "VAYANA COMPETITION".
- ATHIRA P & DARSANA S.R, BA Malayalam WON 3 RD Prize, in QUIZ COMPETITION conducted by Milma Diary.
- ATHIRA.P, BA Malayalam WON 3RD PRIZE –READING COMPETITION, Conducted By Kaumudi Teacher Foundation
- Arya T G (II BA Economics) Won First prize (A grade) for folk song organised by Kerala Kaumudi in memory of O.N.V and Kalabhavan Mani at S N College For Women , Kollam.
- Shaliya Dinsha (II BA Economics) –won first prize (team) in the debate competition on the topic "science is a boon" conducted on 3rd November 2016 in connection with Shanker's Day at S N College For Women, Kollam.
- Krishna R Pillai (III BA Economics) won first prize in Malayalam and Hindi elocution,
 Hindi and Malayalam debate and secured second prize in malayalam essay writing held
 in connection with College Arts Day. Won third prize in the digital poster presentation
 competition organised by the Department of Botany in connection with International year

of pulses held at SN College for Women on the month of October. Grabbed the First prize and Best speaker Award in the Sree Narayana Centenary Memorial All Kerala Inter Collegiate Debate Competition organized by debate club of Sree Narayana College Kollam on 28 October 2016. Secured the Third prize in the elocution competition organized by Mathrubhumi Grihalekshmi Vedi on the occasion of Kerala piravi. Won First prize in both Malayalam elocution and Malayalam essay writing held at Thrikkaruva Grama Panchayath from 10/12/16 to 12/12/16 in relation with Keralotsavam 2016. Got First prize in the Energy Conservation Club Essay competition conducted by BPCL Kochi Refinery on 30/1/2017 in connection with Oil and Gas conservation fortnight celebration.

- Amina S. (III DC Botany) secured First Place in intercollegiate painting competition
- Surabhi S. III DC Botany got Third Place in Quiz Competition on 'Pulses' held at college level
- Amina S. (III DC Botany)got Second Place in Poster presentation competition on Climate Change held at college level.
- Final year BSc Home science students Ms Vrinda V and Anjitha V Kumar participated in various intercollegiate quiz competitions and secured I,II and III price and as well as cash awards from various institutions like S N college, Kollam, Fathima Matha National College, Kollam, Travancore Medicity Hospital and Meditrina Hospital.
- Veena V of II PG and Aysha M of I PG Home Science students served as resource person for a programme organised by Health Club, SNCW ,Kollam.
- Vidya V Gopal got Second prize in 'Percussion instrument Chenda at Kerala University Youth Festival

SPORTS

- Aleena Vincent secured Heptathlon Gold Medal in the Junior National Athletic Championship held at Coimbatore on November 2016.
- Aleena Vincent secured Heptathlon Gold Medal in the Junior Federation
 Athletic Championship at Bangalore on May 2016.
- Aleena Vincent secured Heptathlon Bronze Medal in the South Zone
 National Athletic Championship at Thelungana on May 2016.

All India Inter University Level Achievement:

• Emisha shaji secured Bronze Medal in Inter University Boxing Championship held at Lovely Professional University, Jalendhar, Punjab.

All India Inter University Level Participation:

1.	JAIS RANI SEBASTAIN	III DC Economics,	Athletics
2.	ALEENA VINCENT	II DC Economics	Athletics
3.	NEETHU SABU	II DC Bcom	Athletics
4.	SAYANA P.O	I DC Bcom	Athletics
5.	SRUTHIMOL SASI	III DC Economics,	Boxing
6.	EMISHA SHAJI	III DC Economics	Boxing
7.	SANIYA ABRAHAM	III DC Economics,	Boxing
8.	JENCYMOL P THOMAS	III DC Economics	Boxing
9.	VIDHYA V	III Dc Economics	Softball &Baseball

State Level:

- ➤ Aleena Vincent secured 100mtr Hurdles Silver Medal in the Inter Club State Athletic Championship held at Ernakulum on September 2016.
- ➤ Aleena Vincent secured Heptathlon Gold Medal and 100mtr Hurdles Bronze Medal in the Junior State Athletic Championship held at Ernakulum on 26th to 31st October 2016.
- ➤ Jais Rani Sebastian secured 400mtr Hurdles Gold Medal in the Senior State Athletic Championship held at Trivandrum on June 2016.
- ➤ Sayana P O secured 400mtr Hurdles Silver Medal in the Junior State Athletic Championship held at Ernakulum on 26th to 31st October 2016.
- Lekshmi B L secured Bronze Medal in the Senior/Sub. Junior State Power Lifting Championship held at Thope Stadium, Thrissur on 09th to 11th December 2016.

Inter Collegiate/ Kerala University Level:

Sree Narayana College for Women, Kollam in the year 2016-2017 participated in the following Inter Collegiate Championships.

- 1. Athletics
- 2. Boxing
- 3. Ball badminton
- 4. Handball
- 5. Baseball
- 6. Softball
- 7. Power lifting
- 8. Weight lifting
- 9. Taekwondo

ATHLETICS:

Our college Athletic team participated in the Inter Collegiate Athletic meet held at University Stadium, Trivandrum on 14th to 16th December 2016. Our College team secured **II**nd **Runner up in Athletics Women Championship**.

- ➤ Jaisrani Sebastain secured Gold with Kerala University record in 400m Hurdles, 400mtr Race Bronze medal and 4x400mtr Relay Race Gold Medal.
- ➤ Neethu Sabu secured 4x400mtr Relay Race Gold Medal, 400mtr Race Silver Medal and 200mtr Race Bronze Medal.
- ➤ Aleena Vincent secured 100 Hurdles Gold Medal, 4x400mtr Relay Race Gold Medal and Heptathlon Silver Medal.
- Sayana P.O secured 4x400mtr Relay Race Gold Medal, 400mtr Hurdles Silver Medal.
- ➤ Avani Rajeev secured Hammer Throw Bronze Medal

BOXING

Our College Boxing team Participated in the Intercollegiate Boxing Championship held at L.N.C.P.E Karyavattom on 7th & 8th January 2017. Our College team secured **Winners in Boxing Women Championship**.

- Saniya Abraham secured Gold Medal.
- > Sruthi mole Sasi secured Gold Medal.
- > Jency mol P Thomas secured Gold Medal.
- Emish Shaji secured Gold Medal.
- Remya A .M secured Silver Medal.
- > Divya Ganesh secured Silver Medal.
- Sruthi Rajan secured Bronze Medal.
- ➤ Parvathy Venugopal secured Bronze Medal in +81 Category.

BASE BALL

Our College Baseball team Participated in the Intercollegiate Baseball Championship held at C.E.T, Chavadimukku, Trivandrum on 25th & 26th October 2016.

SOFT BALL

Our College Softball team participated in Intercollegiate Softball Championship held at NSS College Nilamel on 14th & 15th January 2017. Team entered in semi finals and got fourth position.

HAND BALL

Our College Handball team participated in Intercollegiate Handball Championship held at LNCPE, Trivandrum on 16th & 17th November 2016. Team entered in semi finals and got fourth position.

BALL BADMINTON

Our College Ball Badminton team participated in Intercollegiate Ball Badminton Championship held at Govt. Women's College, Vazhuthakad on 21st & 22nd December 2016.

POWER LIFTING

Our College Power Lifting team participated in Intercollegiate Power Lifting Championship held at LNCPE, Trivandrum on 7th January 2017. Our College team secured **II**nd **Runner up in Power Lifting Women Championship**.

- Lekshmi B L secured Silver Medal in +84Kg Category.
- ➤ Parvathy Venugopal secured Bronze Medal in +84Kg Category.
- ➤ Suji Sudhakaran secured Bronze Medal in 52Kg Category.
- ➤ Jincy S secured Bronze Medal in 47Kg Category.

WEIGHT LIFTING

Our College Power Lifting team participated in Intercollegiate Weight Lifting Championship held at LNCPE, Trivandrum on 8th January 2017. Our College team secured **II**nd **Runner up in Weight Lifting Women Championship**.

- Lekshmi B L secured Silver Medal in +75Kg Category.
- Saranya S Kumar secured Silver Medal in 69Kg Category.
- ➤ Aani Rajeev secured Silver Medal in 63Kg Category.
- ➤ Pooja S Suraj secured Bronze Medal in 63Kg Category.
- Ramsi R secured Bronze Medal in 58Kg Category.
- ➤ Suji Sudhakaran secured Bronze Medal in 53Kg Category.

TAEKWONDO

Our College Taekwondo team participated in Intercollegiate Taekwondo Championship held at LNCPE, Trivandrum on 26th February 2017.

Ansy R secured Bronze Medal in 48Kg Category.

Developmental activities undertaken by P.T.A.

- Purchased 2 new computer for Physics Lab
- Done electrical renovation with lights and fans fittings in the old block.
- Maintenance work for Computer and Internet
- Bio gas plant repairing and servicing

Incinerator Maintenance and sheet work

Club Ativities/Seminars /Workshops Conducted by the department

Department of Commerce organized

- "Awareness class on cyber crime" for the first year degree students By
 Mr.Jacob Mathew, Master trainer, Guiders Education Cochin.
- A Class on fundamentals of capital market for Second year B.com students-By Mr.Sivram & Mr.Binu M, Fin Market Solutions, Cochin
- Awareness class on importance of business skills-by synergy school of business skills.
- A Seminar on career opportunities for final year B.com students
- Organised awareness Programme on "ICWAI" for final year B.com Students
- Mr. Srinivas of M/s Artha Vidhya oriented the final year students on employability and online course education.
- ➤ Department of Music conducted the Tyagaraja Aradhana in association with the Tyagaraja festival. His compositions were rendered by our music students and also the Panchartna kritis were sung by them together as a tribute.



➤ Skill and training enhancement programme for final year B.com students on post union budget analysis and career orientation for graduates on march

8 ,2017 by tkm institute of management ,kollam -Resource Person – Ms.Archana S & Ms.Nisa S Asst.Professors, TIM,Kollam

➤ The department of Malayalam Conducted Nalacharitham kadakali



- ➤ A meditation course was conducted in the morning for the music students and in the afternoon for the teaching and non-teaching staffs and to some willing students.
- A tribute to the musical legend O.N.V.Kurup was conducted by the Malayalam department and our music students sung his songs as a tribute.
- International yoga day and international music day were both celebrated together. Department of Indian music observed the day combining both music and yoga by participating chakra meditation and singing Sapta swaras giving awareness of each chakra. This was followed by light meditation.
- A karoke musical programme was conducted by our music club. Students participated by singing with or without karoke.
- ➤ The onam programme was conducted for the cancer patients by the pain and palliative care trust at sopanam auditorium kollam. Our music students contributed much to the programme by singing soft and soothing melodies to entertain them and also to ease their pain.
- ➤ The day of formation of kerala (keralapiravidinam) was celebrated as Bharanabhasa- Maathrubhasa day by the college. In association with that

- pragramme, music club of the college celebrated the day through music and dance performances. Songs from films which glorifies the greatness of Kerala and poems were sung by the club members. There were also dance performances by our students on "keranirakaladum"
- The department teachers and students of music conducted a workshop on "The place of music in life" at pattathanam SNDP UP school. The programme was conducted to identify the place of music in every walk of life from birth to death. It started with Omanathinkal kidavo to which Dr. Keerthi panicker(guest lecturer) performed a dance. A number of songs from films, folk songs, songs of different emotions etc. were selected and rendered by the 3rd year students.



- A quiz competition was held on music for final year students. They were divided into 3 groups- Sa Ri Ga and the Ga group won the quiz.
- As a part of the activities of the music club a karoke ganamela was conducted under the auspicious of the music department.
- ➤ The Department of Botany, Sree Narayana College for Women, Kollam has celebrated World Environment Day-2016 with the focal theme "Go Wild for Life" with "ZERO TOLERANCE FOR THE ILLEGAL WILDLIFE TRADE" supported by Kerala State Council for Science, Technology and Environment(KSCSTE), Thiruvananthapuram.
- The Department of Botany in Association with Encon club, Environment club and Nature club of Sree Narayana College for Women, Kollam has celebrated

- International Day for the preservation of the Ozone Layer -2016 with the focal theme "Ozone and Climate: restored by a World United" supported by Kerala State Council for Science, Technology and Environment(KSCSTE), Thiruvananthapuram.
- The Department of Botany in Association with Encon club, Environment club and Nature club of Sree Narayana College for Women, Kollam has celebrated International Year of Pulses supported by Kerala State Council for Science, Technology and Environment(KSCSTE), Thiruvananthapuram.
- In connection with ozone day we conducted a **poster painting competition** on "climate change" for the students in our college.



- ➤ Various activities were planned and carried out during the academic year 2016-17.A two day workshop on "Fabric painting, Batik for and tie and dye printing" were organised by our department for the BSc 5th semester students in association with Fevicryl on 17 &18 .8 2016 .Mrs Rekha Anil Kumar, Fevicryl (Expert teacher) took classes for the students.
- ➤ The Department of Zoology, with the financial assistance from Kerala state Council For Science Education and Technology, conducted a **National seminar** "Wetlands For sustainable development" on 3rd Feb 2017.
- ➤ The Department of Zoology, with the financial assistance from Kerala State Council For Science Education and Technology, conducted a National seminar

"Science And Technology For Specially abled Persons' on feb 16,2017. Also we conducted **quiz competition** and **poster painting competition** in connection with National Science Day celebrations.

- ➤ A Workshop on Fresh Water Biodiversity was conducted by our Department on Feb 17 -2017.
- ➤ A one week workshop on "BAKING AND CONFECTIONARY" was organised by our department for home makers and for the faculty members. First workshop was conducted for home makers from July 18-23rd and was attended by 30 home makers. The second workshop for faculty members was from july 25 -30th and was attended by 25 faculty members. These workshops were organised by the home science department in association with the Institute of Baking Technology", Chennai. The resource person for the workshop was Mr Sivaprakasham K.

Activities of NSS

The college has an active NSS Unit 13 a & b which aims to enable the students to understand the community in which they work, understand themselves in relation to their community, identify the needs and problems of the community and involve them in problem solving, develop among themselves a sense of social and civic responsibility and to develop the personality and character of the student youth through voluntary community service. The unit organized a rally related to rights and libraries of women in association with Kollam district administration and nss units of different colleges affliated under the university of Kerala. Our nss volunteers distributed food materials and clothes for inmates in a poor home located at Mundakkal. They have also cleaned public places near Kollam City and disposed plastic waste from there.

Activites of NCC

An efficient unit of 3(K) Girls BN NCC, Senior wing is working at this college with 160 cadets. During the academic year 2016-17, the unit enrolled 53cadets from first semester degree classes. The strength of second year was 52and third year cadets was 55. The tenure of NCC service is

three years. Total of 35 parades were conducted, which includes both theory and practical syllabus of the year.

As part of environmental Day celebrations 5thJune 2016, Tree plantation programme was conducted at college.77 cadets participated in the programme. On 21st June 2016, Cadets performed yoga at college and at Vimala Hridaya School, Kollam to motivate the youth to concentrate on good health. As part of Swatcch Bharat Abhiyan, cadets involved in the cleaning of college premises on July 2016. On October 2nd 2016 ,GandhiJayanthi was celebrated by Various cleaning processes at college and at kollam railway station.92 cadets participated in the programme.On November 2016, as part of NCC Day celebrations, cadets of SNCW Kollam, visited Agathimadiram, Mundakkal and entertained the inmates with various cultural programmes.



On Aids Day (December 1),NCC unit of SNCW organised an awareness rally in order aware the public about the ill effects and mode of transmission of HIV Virus.75 cadets participated in the rally. As part of social service activity, the NCC unit of S N College for women, Kollam visited Sarvathrika Sahodarya Samithi (S Ssamiti) Abhayakendram, Mayyanad , Kollam, on 14th December 2017, which is a charitable organization running psycho rehabilitation centre and old age home, accommodating around 450 inmates.

The ANO Lt.Lakshmi Gopidas& the NCC cadets of S N college for women, Kollam, contributed about 20000/- rupees, and purchased stationary items like rice, daal, moong daal, green gram, onion, channa, sunflower oil, sambar powder, cumin, turmeric, coriander, chilly powder etc. And personal items like tooth brush ,tooth paste, bathe soap, detergents, and dress materials from the amount for the inmates of S SSamithi and handed over to the trustee. Maj. M Manju Administrative officer (3 K girls Bn NCC Kollam), Junior Supdt. Ms Anjana, SM Onkar Singh, & PI staff Mr.Rajendarkumar assured their esteemed presence.

We take this opportunity to express our sincere gratitude to our, our Management, our teaching and non teaching staff, students and parents who have been with us in all our activities with maximum support and co-operation.

Annual Report 2017-18

Sree Narayana College for Women stands as a proud and triumphant symbol of a renascent and progressive society ushered in by the spiritual effulgence and vision of the great Guru. This prestigious institution has a great tradition of producing meritorious students from its very inception. It is with profound feeling of joy that we present a brief report of the college activities during the academic year 2017-18

Academic Sphere

The academic performance of the students is systematically evaluated through internal exams, assignments & seminars. Those students with poor outcome were given remedial classes by the concerned faculty members. An initiative of KSHEC named Walk With a Scholar (WWS) scheme is implemented in our college to provide specialized mentoring programmes for under graduate students in Arts, Science and Commerce with an aim to shape their future career .CLMC prepares and distributes semester wise programme calendar, circulates notices on changes relating to the CBCSS system, make necessary arrangements for the conduct of two sets of test papers for all the programmes in each semester, take necessary steps for implementing Open Courses for each programme during the fifth and sixth semester, takes step to allot Social service/ Extension Activity (Club Activity) for students of 3rd and 4th semester, examine the complaints of students regarding the internal grade marks, ensure that the internal grade sheets are prepared and displayed on time and conduct regular meetings with DLMC to ensure effective implementation of the CBCSS programme.

Academic Achievement of Students

Rank holders at University level during the Academic year 2017-18

Anaswara S.	IV Rank	M A English	2018
Lekshmi S.V.	I Rank	BA Music	2018
Swathi L.	II Rank	BA Music	2018

Result of various department during the Academic year 2017-18

Programme	Programme	Programme	Pass
Code	Name	Specialisation	Percentage
130	BA	English	90.3
115	BA	Malayalam	53.96
125	BA	Hindi	93.75
140	BA	History	38.8
150	BA	Economics	75
158	BA	Music	100
159	BCom	Commerce	94
220	BSc	Mathematics	82.46
230	BSc	Physics	83.01
235	BSc	Chemistry	61
245	BSc	Botany	55
250	BSc	Zoology	69.39
255	BSc	Home Science	
248	BSc	Biochemistry&	80.77
		Industrial	
		Microbiology	
530	MA	English	85
655	MSc	Home Science	50
630	MSc	Physics	61.5
637	MSc	Chemistry	90

Extra curricular activities of Students

• A team of second year BA English students secured the Third Place for "Themis"- An Intercollegiate Short Film Contest organized by the Women's Unit, AKPCTA



- Vidya Suresh of I DC English (KER/SW/15/123508; Rank CPL) attended the Combined Annual Training Camp (Pre IGC RDC LC) held at SKV VHSS Thrikkannamangal from 28 September 2017 to 7 October 2017
- Vidya Suresh of I DC English attended the Republic Day Parade 2018 NCC Girls Contigent at Rajkot on January 2018.
- Sreelekshmi S of Final Year BA English secured Second Prize in Spot Photography for Kerala University Union Kalolsavam.
- Aparna Reghunathan of I DC English secured the First Prize for the Intercollegiate
 Elocution Competition organized by the Literary Club of our college in collaboration
 with the National Peace Movement as a Preconference of the Fourth National Peace
 Convention on 20 November 2017.
- S. Anjana of II DC English secured the Second Prize for All Kerala Skating Competition organized by Kerala University
- Ancy of II DC English became the Kerala University Silver Medalist for Thaikonda

- Reeja Jacob and Kalyani Krishna of I MA participated in the Intercollegiate Quiz competition organized by S N College Kollam
- Arathy A, Kavya Krishnan of I DC and Arya Baiju of II DC English secured the II Prize in the Spell Bee Competition held at Fatima Mata National College, Kollam
- Pyari Prem, Aarcha Prakash, Kareena S. Kanth participated in the Fashion Show Contest organized by Kerala University Union at Bharata Rajni Parish Hall.
- Preethi, Keerthi, Vipitha Devi, Anagha, Arathy, Richi Chandran, Avani Ramesh and Aiswarya of I MA English participated in the National Seminar held at SSUS Regional Centre, Thiruvananthapuram
- Students of arts department participated in various literary events for Kerala University Kalolsavam March 2018.
- Athira and Darsana S.R., IIIrd year B.A. Malayalam secured first prize in Vayanamathsaram at District level conducted by State Library Council.
- Sai Krishna M S-University level participation in Hindi Recitation
- Annual training camp of NCC for ten days attended-Surya Suresh, Karthika M R,Sarika
- III BA Economics students attended the Budget Seminar jointly organised by Economics Dept,FMNC, and Malayala Manorama on 07-02-2018
- The III DC Economics students attended an invited lecture by Dr Kumar S P, Assistant professor, SN College, Varkala on Research Methodology on 12-01-2018.
- Shaliya Dinsha of III DC Economics won second prize in the intercollegiate paper presentation competition organised by NSS College, Perayam on 30-10-2017.
- Our final year BA Music students Participated in a three day short term programme at SST Govt college TVPM.
- Final year BA Music students won in a national level BIOFEST named PRANAH
 conducted by MACFAST and they have been winning the title continuously for the last
 three years.
- "JalamAmritam" an environmental song sung by our BA Music students students in the programme conducted by the water authority in town hall Kollam

- An onam programme was conducted at Kollam by AIR where in our BA Music students students performed a welcome dance. The AIR team appreciated for their graceful performance and awarded a Memento.
- BA Music students rendered soft and soothing melodies to ease the pain of cancer patients at sopanam auditorium Kollam. The programme was Conducted by pain and palliative care trust Kollam.
- BA Music students students presented excellent musical programme on Guru Deva Kritis At SN college Kollam in connection with the Chathayam Clebration.



- In the comedy utsavam of Flowers channel our BA Music student Reethu presented a mimicry programme twice.
- Four of our BA Music students participated in the Radio Benzier programme –
 Valyettanum Valyachium.
- In the channel of Jaihind Our students presented a music programme "Multistar on superstage".
- Manjusha RL and Parvathy GS B.Sc Physics bagged first prize in Power quiz
- Sree Parvathy B.Sc Physics secured Frist prize in Poetry writing(Festa literaria), first
 Prize in ozone day power point presentation, speak for India speech conducted by Bishop
 benziger college of Nursing, debate conducted by University kalolsavam and Speech
 conducted by University kalolsavam.

- Sneha sree B.Sc Physics secured second prize in Science day Quiz and second prize in power point presentation.
- Devika J M and Anupama B.Sc Physics secured second prize in energy quiz.
- Our student Parvathy U R B.Sc Student was awarded with INSPIRE Scholarship.
- I prize in shooting in TSC Camp at Kollam-Pooja Dath B.Sc Chemistry
- Fathima N secured III Prize in Essay writing Competition (Malayalam) on the subject 'My vision-Corruption free India" in connection with vigilance awareness week 2017.
- Greeshma Rajeevan has won I prize in the elocution competition conducted at Sree Narayana College for Women, Kollam on October 2017 in connection with the Founders day.
- Greeshma Rajeevan was awarded the first prize in the A.D.Shroff Memorial Elocution Competition.
 - Vismaya Vimbi & Neethu P Kumar of 2nd year B.Sc Zoology have won 3rd prize in Encon Club Quiz Competition conducted by BPCL Cochin Refinery on 15/03/2018.
 - A PPT presentation was taken by Vismaya Vimbi based on Dengue fever & its
 control measures in a state level seminar organized by Zoology dept. in association
 with Health Dept.
 - II year B.Sc students Won 1st prize and 3rd prize in Quiz Competition conducted by Botany dept.in World wetland Day.
 - Devika B.S of III year B.Sc Zoology has won 2nd prize in elocution competition conducted by FSA, SNCW Kollam on Sanker's Day.
 - Sreelekshmi A.S, Parvathy Vinod and Bhavana Krishnanjana of III year B.Sc Zoology has won 1^{st,} 2nd and 3rd prize in Karate competition at District level tournament.
 - 3rd year B.Sc Zoology students participated in 2 days survey conducted by District Health Department based on Dengue fever at Kilikolloor and Uliyakovil.
- III B.Sc. StudentsAnuraAjith, Amruthasree A., Bency Jose, Thayyiba S. got Ist prize in treasure hunt an interactive competition programme 'TESSERACT' conducted by the department of Mathematics of TKMC, Kollam
- III B.Sc. Students Amruthasree A., Bency Jose participated in the Mathematics Quiz competition conducted by the department of Mathematics of FMNC, Kollam

- Gopika B. R., II B.Sc. Mathematics got third prize in the elocution competition conducted in connection with Sri. R. Sankar Day
- Vidhya V. Gopal B.Sc IMB secured Ist prize in Chenda at University youth festival-
- Sreethu R. Pillai B.Sc IMB got First prize in Intercollegiate power-point presentation competition in connection with National Science Day (SN college Kollam)
- Devika M.S. B.Sc IMB got Second prize on Essay writing –in connection with Energy resource Conservation programme conducted at SN College for Women, Kollam
- Kavya H., Devika M.S., Pravya P. and Gayathree B.Sc IMB got -First prize- discussion competition in connection with National Wetland Day held at Fatima Mata National College, Kollam
- Pravya P. B.Sc IMB (S4) got selection for ASAP Intership

Achievements in Sports

Inter National Level Achievement:

• Abigail Arogyanathan secured 400 M Hurdles Silver Medal in South Asian Federation Junior Athletic Championship held at Kolambo, Sreelanka on May 2018.

National Level Achievement:

- Sayana P.O secured 400 M Participation in Senior National Athletic Championship held at Guntur, Andrapradesh on July 2017.
- Abigail Arogyanathan secured 4 x100 M Relay in Junior National Athletic Championship held at Utharpradesh (UP) on July 2017.
- Richu Alex secured Second Prize in Federation National Softball Championship held at Punjab on July 2017.
- Sayana P.O secured 400 M Hurdles Gold Medal (Meet Record) & 4x100 M Relay Bronze Medal in South Zone National Athletic Championship held at Thiruvanadapuram on September 2017.
- Abigail Arogyanathan secured 400 M Bronze Medal & 4x400 M Relay Gold Medal in South Zone National Athletic Championship held at Thiruvanadapuram on September 2017.
- Divya Ganesh Participated in IInd Elite Senior National Boxing Championship held at Rothak, Hariyana on September 2017.

- Sayana P.O secured 400 M Hurdles Gold Medal & 4x100 M Relay Gold Medal in Junior National Athletic Championship held at Guntur, Andhra Pradesh on September 2017.
- Abigail Arogyanathan secured 400 M Hurdles Silver Medal & 4x400 M Relay Gold Medal in Junior National Athletic Championship held at Guntur, Andhra Pradesh on September 2017.

All India Inter University Level Achievement:

- ➤ Divya Ganesh Participated in All India Inter University Boxing Championship held at Chandigragh, Punjab.
- ➤ Sayana P.O secured 400 M Hurdles Bronze Medal & 4x400 M Relay Bronze Medal in All India Inter University Championship held at Acharya Nagarjuna University, Guntur on December 2017.
- ➤ Abigail Arogyanathan secured 4x400 M Relay Bronze Medal in All India Inter University Championship held at Acharya Nagarjuna University, Guntur on December 2017.
- ➤ Neethu Sabu secured 4x400 M Relay Bronze Medal in All India Inter University Championship held at Acharya Nagarjuna University, Guntur on December 2017.
- Aleena Vincent secured 4x400 M Relay Bronze Medal in All India Inter University Championship held at Acharya Nagarjuna University, Guntur on December 2017.
- Saranya S Kumar Participated in All India Inter University Softball Championship held at Guru Nanak University, Amirtsar, Punjab.

State Level:

- ➤ Sayana P.O secured 400 M Hurdles Silver Medal & 4x400 Relay Gold Medal in Senior State Athletic Championship held at Thiruvanadapuram on July 2017.
- ➤ Aleena Vincent secured Heptathlon Silver Medal & 4x400 Relay Gold Medal in Senior State Athletic Championship held at Thiruvanadapuram on July 2017.
- ➤ Neethu Sabu secured 4x400 Relay Gold Medal in Senior State Athletic Championship held at Thiruvanadapuram on July 2017.
- ➤ Abigail Arogyanathan secured 400 M Hurdles Bronze Medal & 4x400 Relay Gold Medal in Senior State Athletic Championship held at Thiruvanadapuram on July 2017.

- Sayana P.O secured 400 M Hurdles Gold Medal (Meet Record) & 100 M Bronze Medal in Junior State Athletic Championship held at Thiruvanadapuram on September 2017.
- ➤ Abigail Arogyanathan secured 400 M Gold Medal (Meet Record) & 400 M Hurdles Silver Medal in Junior State Athletic Championship held at Thiruvanadapuram on September 2017.
- ➤ Divya Ganesh secured Gold Medal in Senior State Boxing Championship held at Asramam Hocky Stadium, Kollam on August 2017.
- Lekshmi B.L secured 90+ Category Bronze Medal in senior state Weight lifting Championship held at Veli, Fort Kochi on December 2017.

Inter Collegiate/ Kerala University Level:

Sree Narayana College for Women, Kollam in the year 2016-2017 participated in the following Inter Collegiate Championships.

- 1. Baseball
- 2. Boxing
- 3. Kabaddi
- 4. Weight lifting
- 5. Athletics
- 6. Roll ball
- 7. Power lifting
- 8. Softball
- 9. Taekwondo

BASE BALL:

Our College Baseball team Participated in the Intercollegiate Baseball Championship held at NSS College, Nilamel on 26th& 27th October 2017.

BOXING:

Our College Boxing team Participated in the Intercollegiate Boxing Championship held at L.N.C.P.E, Karyavattom on 6th& 7th November 2017.

- Divya Ganesh secured Gold Medal.
- > Arathi J.V secured Silver Medal.

KABADDI:

Our College Kabaddi team Participated in the Intercollegiate Kabaddi Championship held at NSS College for Women, Neeramankara, Thiruvanadapuram on 6th& 7th November 2017.

WEIGHT LIFTING:

Our College Weight Lifting team participated in Intercollegiate Weight Lifting Championship held at University Stadium, Trivandrum on 14th& 15th November 2017. Our College team secured **Runner up in Weight Lifting Women Championship**.

- ➤ Jincy S secured Bronze Medal in 48Kg Category.
- Arathi. J.V secured Gold Medal in 58Kg Category.
- Aani Rajeev secured Silver Medal in 63Kg Category.
- Saranya S Kumar secured Bronze Medal in 69Kg Category.
- ➤ Anna Robin secured Gold Medal in 75Kg Category.
- ➤ Shilpa Udayan secured Bronze Medal in 80Kg Category.
- Lekshmi B L secured Gold Medal in 85Kg Category.

ATHLETICS:

Our college Athletic team participated in the Inter Collegiate Athletic meet held at University Stadium, Trivandrum on 23rd to 25th November 2017. Our College team secured **Athletics Women Championship**.

- ➤ Sayana P.O secured 400 M Hurdles Gold Medal (Meet Record), 400 M Race Gold Medal (Meet Record) & 4x400 Relay Gold Medal (Meet Record).
- ➤ Abigail Arogyanathan secured 400 M Hurdles Silver Medal, 400 M Race Silver Medal & 4x400 Relay Gold Medal (Meet Record).
- ➤ Aleena Vincent secured 100 M Hurdles Gold Medal, Heptathlon Gold Medal & 4x400mtr Relay Race Gold Medal (Meet Record).
- ➤ Neethu Sabu secured 100 M Race Gold Medal, 200 M Race Gold & 4x400 Relay Gold Medal (Meet Record).
- > Anna Robin secured Shot Put Silver Medal.

ROLL BALL

Our College Roll Ball team Participated in the Intercollegiate Roll Ball Championship held at Central Stadium, Thiruvanadapuram on 10th December 2017. Our College team secured **Roll Ball Women Runners UP**.

- > Abhirami A.S
- > Arya A.B
- > Aswathy. S
- > Athira. M
- Blessy. Mary. J
- > Chaithra. S
- Devika. S
- Devika. U
- ➤ Karisma Rose Ignatious
- P. S. Roopa
- > Parvathy. R
- > S. Anjana

POWER LIFTING

Our College Power Lifting team participated in Intercollegiate Power Lifting Championship held at S D College, Alappuzha on 4th& 5th January 2018. Our College team secured **Power Lifting Women Championship**.

- ➤ Jincy S secured Silver Medal in 47Kg Category.
- Remya A.M secured Silver Medal in 52Kg Category.
- Arathi. J.V secured Gold Medal in 52Kg Category.
- ➤ Vrindha Sara Roy secured Bronze Medal in 57Kg Category.
- Avani. Rajeev secured Gold Medal in 63Kg Category.
- ➤ Shilpa Udayan secured Silver Medal in 63Kg Category.
- Saranya S Kumar secured Silver Medal in 72Kg Category.
- ➤ Anna Robin secured Gold Medal in 84Kg Category.

SOFT BALL

Our College Softball team participated in Intercollegiate Softball Championship held at CET, Chavadimukku, Thiruvanathapuram on 29th& 30th January 2018.

TAEKWONDO

Our College Taekwondo team participated in Intercollegiate Taekwondo Championship held at LNCPE, Trivandrum on 14th & 15th January 2017.

➤ Ansy R secured Bronze Medal in 48Kg Category.

Coaching camps

For the preparation of all the above said teams, Department of physical education conducted 15 days coaching camps. Department of Physical Education also carried out an Open Course named Health and Fitness Education for the fifth semester students of this college for the past Four years. Department is getting a very good response from the students for this course. Even though the strength limit for this course was limited to 75 by this college, a total numbers of 55 students were enrolled last year for this course

Developmental activities undertaken by P.T.A.

- Renovation of the Canteen Kitchen (Tiling and Painting)
- ➤ Varandha of the Hostel is covered fully with wire mesh to prevent the entry of Rats and Cats.
- > Repaired the Urinals of the Students.
- > Repaired and tiled the Hand washing area of the students.

Club Ativities/Seminars /Workshops Conducted by the department

- ➤ Dr S.K. Subhash Asst professor of Microbiology organised a two day seminar including intercollegiate competitions inconnection with National Science Day
- As part of International Day for Preservation of the Ozone Layer 2017, Dr. Sheeja George EAssistant Professor of Botany organized various programme like poster exhibition, seminar, documentary screening from 20 to 25 september 2017 with Financial Assistance from KSCSTE, Thiruvananthapuram under the focal Theme 'Caring for all Life Under the Sun'
- ➤ Dr. S Sekaran HOD of Botany organized a seminar on the topic Water Conservation and River Basin Management: Issues, challenges and potentials for Kerala' in association with Kerala Science Congress A Curtain Raiser on 09.01.2018

- ➤ World Wet Land Day celebrations 2018 was coordinated by Ms. Resmi A Assistant Professor of Botany Financial Assistance KSCSTE, Thiruvananthapuram Programmes
- ➤ A documentary on the importance of wetland. 01.02.2018
- ➤ One day Seminar on "Wet Land for a Sustainable Urban Future" was conducted on 02.02.2018



- > Planted mangrove saplings in the banks of Ashtamudi one of the Ramsar site
- ➤ National Seminar 18th to 20th January 2018 on "Conservation of Wetland Ecosystem for Long Term Ecological Security"- Financial Assistance KSCSTE, Thiruvananthapuram
- ➤ Energy awareness programme was Co-ordinated by Ms. Devipriya D Assistant Professor of Botany with Financial Assistance from CED/EMC/ANERT, Thiruvananthapuram and conducted
- ➤ Urjakiran Rally on 14.12.2017 10am to 11.15 am At Eravipuram constituency Flag off by Sri. M Noushad M.L.A

➤ Urjakiran Rally on 14.12.2017 11.20 am to 12.30pm At Kollam constituency Flag off by Sri. Rajendra Babu Kollam Mayor



- Seminar at SN College for Women Auditorium on 16.03.2018 At Kollam constituency Inauguration by Sri. M Mukesh M.L.A. Resource person: Dr. Biju C(Assistant Professor of Botany SNCollege Punalur). Sri. Sunil K(Programme officer ANERT)Target groups was Parents. Flash mob on 24.03.2018 1.30pm to 5pm at Kollam two places
 - 1. Transport bus Station
 - 2. Chinnakada near Kumar theatre

Flash mob at Mayyanad, Trikaruva and Thrikadavoor

- Book lets specifying the energy management tips circulates to public.
- Urjakiran Seminar at Govt. LPBS Kolloorvila Puthennada, kollam on 16.03.2018 At Kollam constituency Inauguration by Sri. M Noushad M.L.A. Resource person: Dr. Biju C(Assistant Professor of Botany SNCollege Punalur) Sri. Sunil K(Programme officer ANERT). Target groups Kudumbasree unit Attended 62 participants
- One Week Workshop On Baking Technology For Home Makers From July 15thTo July 23rd2016, Organised By Dept.of Home Science In Association With Indian Institute Of Baking, Chennai. Baking Technologist Mr. K.Sivprakasam

Two Days Workshop On "Fabric Painting, Bathich Printing, Acrylic Printing and Tie & Dye" Was Organised By Dep Of Home Science In Association With Pidilite Industries For Our Bsc 5th Semester Students On August 21st And 22nd 2017



- B Sc 5th Semester Home Science Students Visited Kerala State Institute Of Design (Ksid), Chandanathope On October 6th 2017
- New Card Designing Competition Organised By Department Of Home Science On December 2017.
- Smt. Jisha. S, the Coordinator of Environmental club organized a seminar on "concept of sustainability" on 08/01/2018. Dr. Udayakumar. J (Assistant Professor, Department of Civil Engineering, TKM College of engineering) delivered a valuable talk on this concept.
- In connection with the World Water Day on March 22, members took a pledge on water conservation. Zoology Dept. head Dr.Sreeja. J also delivered a class on water conservation.
- Music department organized a workshop on the topic "Place of Music in life" at Pattathanam SNDP UP school

- Dr B Arundhathi gave a lecture demonstration at SN College Kollam On the topic Music and Mathematics.
- Music department Conducted a workshop on "Aesthetics of Music education"

 By DR K Premlatha at SN Womens College.
- A charity Programme for mentally challenged Children was organized by our music department
- Two Days Workshop Was Organised By Department Of Home Science In Association With Pidilite Industries On "Shibori Tie & Dye Work, Mexican Work, Lace Work, Ikkat Work, Spray Painting And Zentangle Work "(February 19th & 20th 2018). Certificates Were Distributed For The Participants.



- Department of History organized a college level seminar on the topic "Aikya Keralam and the Struggle between Feudal capitalist and democratic forces' on 01-10-2017. Dr. P. Sivadasan, Head of the department of History, university of Calicut inaugurated the programme and presented key note address.
- Human rights forum in association with history department organized a seminar on women's rights on 10-12-2017. Dr. Aneesh V. Pillai, Assistant professor, Legal Studies, Cochin University of science and technology presented the key note address.

- Department of Malayalam conducted College level seminars
 - 1. Seminar on LipiparishkaranaMalayalathil
 - 2. Seminar on BharanaBhashayumMathruBhashayum
- ➤ Hindi Divas is celebrated every year on 14th September 2017 to pay tribute to the official language of India, as Hindi was adopted as the official language of constituent assembly on September 14, 1949 .The constitution of India adopted Hindi in Devanagari Script as the official language of the union under Article(343)in 1950.



S N College for Women, Kollam celebrated 'Hindi Week' on the occasion of Hindi Divas 2017from 14 September to 20 September 2017.Principal Dr.Sherly P Anand inaugurated the Hindi week on 14th September 2017.After the inaugural function a Quiz Competition and Hindi Recitation competition was organized among the students of Hindi department to create an environment of Hindi and to enhance enthusiasm for more work in Hindi.

Activities of NSS

The college has an active NSS Unit 13 a& b which aims to enable the students to understand the community in which they work, understand themselves in relation to their community, identify

the needs and problems of the community and involve them in problem solving, develop among themselves a sense of social and civic responsibility and to develop the personality and character of the student youth through voluntary community service. Our nss unit conducted public place cleaning activities inrelation with suchitwa mission and swatch Barath. The venue was at polayathod cemetery near kollam. 150 Nss volunteers participated in this cleaning process. The unit also organised leadership training for youth. Venue of this event was panmana near chavara kollam. Our 40 volunteers participated along with local people. Dr. Mohankumar, principal UIT, Ramankulangara lead the training process. The unit organised leadership training for youth. Venue of this event was panmana near chavara kollam. Our 40 volunteers participated along with localites.

Activites of NCC

An efficient unit of 3(K) Girls BN NCC, SeniorWing isactively working atSreeNarayana College for Women, Kollam with 160 cadets. In The year 2017-18 enrolled 53cadets from first semester degree classes on 20/09/2017. The strength of second year was 53and third year cadets was 54 .The tenure of NCC service is three years. Total of 35 parades were conducted, which includes both theory and practical syllabus of the year. Each parade was provided with refreshment for the cadets.

- ❖ On 5th June 2017 ,Environmental Day celebrations were observed by planting saplings near ashramam maidan and cleaning of maidan.40 cadets of SNCW were participated in the process.
- ❖ As part of Swatcch Bharat Abhiyan, cadets performed NukkadNatak at Govt.Victoria Hospital ,Kollam to aware public about the importance of cleanliness. 25 cadets,GCI Suma Babu,&ANO Lt Lakshmi Gopidas were guided the cadets.
- ❖ As Swatcch Bharat Abhiyan cadets cleaned college premises on September 2017.120 cadets ,ANO Lt Lakshmi Gopidas, GCI Jeena were participated in the programme.
- ❖ As part of celebrating Gandhi Jayanthi, Two weeks from 2nd October 2017, cleaning processes were done at college. 123 cadets ,ANO and GCI Suma Babu were witnessed the occasion.
- ❖ As part of the NCC Day celebrations, the NCC unit arranged A Blood Donation Campaign at the Group HQ kollam joined with district hospital, kollam .32 cadets of S N

College for women donated blood to save our lives. There was an awareness class by the blood donors forum secretary (District hospital kollam) Sri.CSasidharan. The Group commander Brig. Sankar appreciated the cadets who donated blood and the donors are gifted with a bottle of Complan by the Group Commander.

The academic year 2017-18 has been a year of numerous blessings from God, the almighty. We take this opportunity to express our sincere gratitude to management, teaching, non teaching staffs, parents, students for their continuous support in all activities.

Annual Report 2018-19

Sree Narayana College for Women stands as a proud and triumphant symbol of a renascent and progressive society ushered in by the spiritual effulgence and vision of the great Guru. This prestigious institution has a great tradition of producing meritorious students from its very inception. It is with profound feeling of joy that we present a brief report of the college activities during the academic year 2018-19

Academic Sphere

The academic performance of the students is systematically evaluated through internal exams, assignments & seminars. Those students with poor outcome were given remedial classes by the concerned faculty members. An initiative of KSHEC named Walk With a Scholar (WWS) scheme is implemented in our college to provide specialized mentoring programmes for under graduate students in Arts, Science and Commerce with an aim to shape their future career .CLMC prepares and distributes semester wise programme calendar, circulates notices on changes relating to the CBCSS system, make necessary arrangements for the conduct of two sets of test papers for all the programmes in each semester, take necessary steps for implementing Open Courses for each programme during the fifth and sixth semester, takes step to allot Social service/ Extension Activity (Club Activity) for students of 3rd and 4th semester, examine the complaints of students regarding the internal grade marks, ensure that the internal grade sheets are prepared and displayed on time and conduct regular meetings with DLMC to ensure effective implementation of the CBCSS programme.

Academic Achievement of Students

Rank holders at University level during the Academic year 2018-19

Gopika O	I Position	Biochemistry&IMB	2019
Sunija S	I Position	B.A Malayalam	2019
Sasna Bari	II Position	B.Sc HomeScience	2019
S M Hanna	II Position	B.Sc Geography	2019

Anjana S	III Position	B.Sc Botany	2019
Sneha Rajeev	III Position	B.Sc HomeScience	2019
Samudra Anil	III Position	BA Music	2019
Neethu P Kumar	IV Position	B.Sc. Zoology	2019
Greeshma Rajeevan	IV Position	B.Sc. Chemistry	2019
Chothy Lekshmi	IV Position	B.A Hindi	2019

Result of various department during the Academic year 2018-19

Programme	Programme	Programme	No.of	No.of	Pass
Code	Name	Specialisation	students	students	Percentage
			appeared	passed	
			in the	in the	
			final year	final	
				exam	
130	BA	English	69	61	88.40
115	BA	Malayalam	61	32	
125	BA	Hindi	61	54	88.52
140	BA	History	70	35	49.25`
150	BA	Economics			
158	BA	Music	13	5	38.46
159	BCom	Commerce	59	46	77.97
205	BSc	Geography	18	15	83.33
220	BSc	Mathematics	56	41	73.2
230	BSc	Physics	49	37	75.51
235	BSc	Chemistry	48	31	64.58
245	BSc	Botany	47	35	74
250	BSc	Zoology	56	49	87.5

255	BSc	Home Science	42	22	52.38
248	BSc	Biochemistry&	31	26	83.
		Industrial			
		Microbiology			
530	MA	English	20	18	90
655	MSc	Home Science	7	7	100
630	MSc	Physics	7	13	53.85
637	MSc	Chemistry	13	9	69.23

 Ph Final year B.Sc Zoology student VismayaVimbi cleared the JNU Entrance exam for Integrated.D.

Extra curricular activities of Students

The students actively participated in the University youth festival conducted by the University of Kerala and made commendable achievements in the academic year 2018-19 .Our College team won third prize in Group dance at the Kerala University Youth Festival held at Thiruvanthapuram in March, 2019.

Other achievements includes the following:

- Meera Krishnan ,B.Sc Home Science participated in comedy ulsavam in a famous Malayalam Tele vision channel
- III DC student of BA Aryan Bose and Keerthi Raghunath secured second place in Hindi Quiz on the occation of Hindi Day on September 14
- III DC student Aryan Bose secured third place in the intercollegiate elocution competition conducted by the English department.
- III DC student of BA Aryan Bose secured third place in the essay competition conducted by the Department of History on 2nd October 2019.
- III DC students Aryan Bose and KeerthivRaghunath secured second place in Hindi Quiz on the occation of Hindi Day on September 14

- III DC student Aryan Bose secured third place in the intercollegiate elocution competition conducted by the English department.
- III DC student Aryan Bose secured third place in the essay competition conducted by the Department of History on 2nd October 2019.
- II B.Sc. student Sariga A won Second Prize in the Inter- college Quiz Competition held on 26th June 2018 organised by the in the department of Zoology, Fatima Mata National College (Autonomous), Kollam.
- II B.Sc. student Meenakshi S won Second Prize in the Inter- college Quiz Competition held on 26th June 2018 organised by the in the department of Zoology, Fatima Mata National College (Autonomous), Kollam
- II year BA English students received the III Prize for their debut short film "Dhwani" in the Intercollegiate Short Film Competition organized by the AKPCTA Women's unit.

Club Activities /Seminars/Workshops conducted by the department

• The Research and Postgraduate department of Chemistry organized a three day National seminar on Frontline Approaches in Material Science and Computational Chemistry (MATCOM-2018). The seminar was Co-sponsored by Kerala State Council for Science, Technology and Environment (KSCSTE), supported by ANERT and in association with Academy of Chemistry Teachers (ACT).



- B.Sc Chemistry Students visited Agathimandiram on World Students day (Birthday of Dr. A.P.J. Abdul Kalam) and offered food to the inmates of Agathimandiram.
- Nutrition week observation cum exhibition organized by ICDS(Integrated Child Development Service) ,Ministry of Women & Child Development, India in association with the department of home science on November 1,2018
- Department of Home Science oraganised Two Days Workshop" Shibori Tie & Dye Work, Mexican Work, Lace Work, Ikkat Work, Spray Painting And Zentangle Work in association with PIDILITE INSTRIES LIMITED RESOURCE PERSON- MS REKHA ANILKUMAR. This was organised for students from different departments on February 19th & 20th 2018.
- Awareness Programme organized by Dept of Home Science on Updates in Contemporary
 Dentistry on 6th Sept 2018
- Three day workshop on "Fabric painting, acrylic painting, kalamkaari work, tie & dye, bathick printing and Block printing on 17th, 18th & 19th September 2018, organised by Dept of Home Science in association with Pidilite Industries Ltd.
- Department of Physics Conducted Power quiz in collaboration with KSEB Officers Association on 8 th October 2018.

- Department of Physics organised Workshop on Space Science & Technology on 4 Oct
 2018 organized in asso.with VSSC TVM on October 4,2018
- The Department of Botany in Association with Biodiversity club and ENCON Club of Sree Narayana College for Women, Kollam celebrated the World Environment Day-2018 on 5th and 8th June 2018. The department organized a seminar with the focal theme "Waste management, Plastic Pollution & Green Protocol" in collaboration Kerala State Council for Science, Technology and Environment (KSCSTE), Thiruvananthapuram.
- A one day Seminar on "Climate Change and Weather Extremes" organized by Dept. of Botany on 24 Sept. 2018
- Three-Day National Seminar on *Conservation of Wetland Ecosystem for Long Term Ecological Security* was organized by the Department of Botany in association with KSCSTE and Kerala State Biodiversity Board from 18 Jan 2018 to 20 Jan 2018.



- Ozone Day 2018; Intercollegiate Quiz Competition organized by Dept of Botany in asso.
 with KSCSTE on 17 Sept 2018
- Department of Economics organized a Civil Service Orientation class on how to crack civil services examination by Mr. Nijo Varghese IIS on September 19

- The Department of Economics organized the 54th A.D. Shroff Memorial Elocution Competition for College Students on 13 September 2018.
- International Seminar on "Different Aspects of Hindi Literature after 1980s" organized by the Department of Hindi on 31st Jan. & 1st Feb 2019
- The college Celebrated 'Hindi Day' on the occasion of Hindi Diwas 2018 on 14
 September. A Quiz Competition and Hindi Recitation competition was organized among the students of various departments to enhance more literary activities in Hindi.
- Veena Concert by Vainika Nisha Ponni organized by the Department of Music on 18
 Sept.2018
- Community health club and Zoology Department of the college in collaboration with KOGS organised a seminar on "Breast feeding awareness" on 06/08/2018. Dr. N.R Reena (Gynecologist, Taluk Hospital, Kottarakkara, Govt. Hospital) delivered a talk on the topic.
- Seminar on "Mosquito Control Measures" organized by Dept. of Zoology & Community Health Club in asso. with DMO Kollam on 22 Nov 2018
- A Survey on "Types of Mosquitoes" conducted jointly by Dept. of Zoology & Community Health Club in asso. with DMO Kollam on 21 Nov 2018

Activities of NCC

An efficient unit of 3(K) Girls BN NCC, Senior Wing is working in the college with 160 cadets. The academic year 2018-2019 enrolled 67 new cadets from first semester degree classes on 14th August 2018. The strength of second year and third year cadets is 93. The tenure of NCC service is three years. Total of 40 parades were conducted, which includes both theory and practical syllabus of the year. Our Pride U/O Avani Rajeev reepresented Republic Day Parade At New Delhi. 63 cadets attended Annual Training camps.

June 5th World Environmental Day celeberations were inaugurated by our respected principal Dr.K.Anirudhan by planting saplings in the college premises and he gave a talk on disaster due to use of plastics. In connection with International Yoga Day ,the NCC unit conducted Yoga at college and also at Kollam beach on 21th June 2018 to make people aware of benefits of yoga in their daily life. 76 cadets participated.

❖ Flood Relief activities. In the aftermath of the severe southwest monsoon that devastated the state of Kerala, over 370 lost their lives and lakhs of people were displaced to relief

camps for their survival. The flood in Kerala was probably the greatest ever in its history affected throughout the state. The NCC unit functions at the college under 3 (K) Girls Bn NCC Unit, kollam immediately formed a team for relief work. The volunteer cadets collected flood relief materials from the college students and villagers.

- ❖ A campaign including fund raising and materials collection from houses nearby college was carried out on 21 and 22 of August 2018. Volunteer cadets purchased needy products like clothes, bedsheets, dhoties, napkins, medicines, buiscuits and other daily survival items which were requested from relief camps at Kollam. The NCC cadets of SNCW handed over the collected materials to the relief camp at Govt. U P School, Adhichanalloor and nearby camps in the presence of Panchayath President and Authorities.
- ❖ In connection with Swatcch Bharat Abhiyan,on 15 October 2018,NCC unit of SNCW organised a "NukkadNatak on Segregation of waste" within and outside campus.
- ❖ On Aids Day, Blood donation camp was organized, 30 cadets donated blood and conducted awareness rally, 120 cadets participated in the rally and organised a road show.
- ❖ 36 Cadets served as Liason officers for The Junior National Hockey Championship from 4th Feb 2019 to 11 Feb 2019.
- ❖ 25 cadets made their presence in "Kollam Vote Cheyyum" Awareness campaign to ensure right to vote on march 2019.
- ❖ Celebrated Independence Day and Republic Day by hoisting flag.Cadets presented various patriotic events.
- ❖ Forty-three cadets appeared 'C' Certificate examination, and Eight Cadets appeared 'B'Certificate Examination.

Activities of NSS

The college has an active NSS Unit 13 a& b which aims to enable the students to understand the community in which they work, understand themselves in relation to their community, identify the needs and problems of the community and involve them in problem solving, develop among themselves a sense of social and civic responsibility and to develop the personality and character of the student youth through voluntary community service. As part of Youth for River protection campaign ,NSS units celebrated environmental day and planted 150 kandal tiny trees in the ponds of kallada river at Munrothuruthu. A flood relief program with Indian Railway was organized by the unit along with other volunteers from different colleges and cleaned flood

affected schools in chenganur, Alappuzha district. 100 NSS volunteers signed willingness form for organ donation in association with Chiythanya Eye hospital. The unit adopted a school named as Government LPS Munrothuruthu. As noticed by the volunteers, many financially backward childrens were studying there. The unit contributed school bags, The units collected food materials and other necessary items for flood affected people and handover to the kollam district collector.

The academic year 2018-19 has been a year of numerous blessings from God, the almighty. We take this opportunity to express our sincere gratitude to management, teaching ,non teaching staffs, parents, students for their continuous support in all activities.

Annual Report 2019-20

Sree Narayana College for Women stands as a proud and triumphant symbol of a renascent and progressive society ushered in by the spiritual effulgence and vision of the great Guru. This prestigious institution has a great tradition of producing meritorious students from its very inception. It is with a profound feeling of joy that we present a brief report of the college activities during the academic year 2019-20

Academic Sphere

The academic performance of the students is systematically evaluated through internal exams, assignments & seminars. Those students with poor outcome were given remedial classes by the concerned faculty members. An initiative of KSHEC named Walk With a Scholar (WWS) the scheme is implemented in our college to provide specialized mentoring programs for undergraduate students in Arts, Science and Commerce with an aim to shape their future career. CLMC prepares and distributes semester wise program calendar circulates notices on changes relating to the CBCSS system, make necessary arrangements for the conduct of two sets of test papers for all the programs in each semester, take necessary steps for implementing Open Courses for each program during the fifth and sixth semester takes step to allot Social service/ Extension Activity (Club Activity) for students of 3rd and 4th semester, examine the complaints of students regarding the internal grade marks, ensure that the internal grade sheets are prepared and displayed on time and conduct regular meetings with DLMC to ensure effective implementation of the CBCSS program.

Academic Achievement of Students Rank holders at University level during the Academic year 2019-20

Name of student	Position	Course	Specialisation
Sneha Rajeev	III	B.Sc	Home Science
Lakshmi Mohan	II	B.Sc	Home Science
Anamika U P	V	B.Sc	Home Science

Sreelekshmi S R	VII	B.Sc	Home Science
Sreelekshmi S M	VIII	B.Sc	Home Science
Anakha A	VIII	B.com	Home Science
Gayathri Devi U	VI	B.Sc	Geography
Ganga Ashok	IX	B.Sc	Geography
Anakha M J	X	B.Sc	Geography
Manju M	I	B.Sc	Botany
Meenakshi M	I	B.Sc	Zoology
Hajra B	VI	B.Sc	Maths
Jyoji Babu	I	B.Sc	Bio Chemistry &Industrial
Jyoji Daou			Microbiology
Anjana Krishna D	III	B.Sc	Bio Chemistry & Industrial
S			Microbiology
Rasmiya Rahim	V	B.Sc	Bio Chemistry & Industrial
Rasiiiiya Raiiiiii			Microbiology
Bhavika Lal	IV	BA	Music
Thrushna M	VII	BA	Economics
Anaswara Appu	VIII	BA	History
Sai Krishna M S	III	BA	Hindi
Divya Unni	IV	BA	Hindi
Karthika M R	VIII	BA	Hindi
Binusree B	X	BA	Hindi
Arathy A	VI	BA	English
Aparna	VII	BA	English
Reghunathan			
Sreelekshmi R	V	BA	Malayalam

Result of the various department during the Academic year 2019-20

Programme	Programme	Programme	No.of	No.of	Pass
Code	Name	Specialisation	students	students	Percentage
			appeared	passed	
			in the	in the	
			final	final	
			year	exam	
130	BA	English	68	60	88.24
115	BA	Malayalam	69	53	76.81
125	BA	Hindi	51	48	94.12
140	BA	History	68	62	91.18
150	BA	Economics	144	101	70.14
158	BA	Music	10	4	40
159	BCom	Commerce	52	51	98
205	BSc	Geography	16	15	93.75
220	BSc	Mathematics	72	48	33.33
230	BSc	Physics	66	44	66.67
235	BSc	Chemistry	52	35	67.31
245	BSc	Botany	61	45	73.77
250	BSc	Zoology	52	40	76.92
v255	BSc	Home Science	50	41	82
248	BSc	Biochemistry&	32	22	68.75
		Industrial			
		Microbiology			
530	MA	English	22	21	95
655	MSc	Home Science	7	7	100
630	MSc	Physics	16	10	63
637	MSc	Chemistry	13	11	84

Extra curricular activities of Students

A.Arts

The students of the college made commendable achievements in the Kerala University Youth festival March 2019. They have bagged 38 points and attained 10 th Position among the college participants.

I Place - Thiruvathira

II Place - Oppana

III Place- Mime

I Place - Hindi Poetry

II Place - Hindi Story Writing

II Prize - Sanskrit Recitation

II Prize – Arabic Recitation

II Prize – Kerala Nadanam

II Prize – Story Writing (English)

II Place- Oppana

III Place- Mime

I Place- Hindi Poetry

II Place- Hindi Story Writing

II Prize- Sanskrit Recitation

II Prize - Arabic Recitation

II Prize -Kerala Nadanam

II Prize –Story Writing (English)

B.SPORTS

Awards:

- ➤ Abigail Arokianathan received the most prestigious award of Kerala G. V. Raja best sports academy student 2019-20.
- ➤ Karishma Rose Ignaious Skating attempted carnival world record secured America book of records, Official world record, Universal world record forum (3 world record awarded).
- Akhila. G received Khelo India Scholarship 2019-20.

National Level Achievement:

- Akhila. G Participated in Kabaddi Women's Junior National Championship held at Hariyana in Feb 2020.
- Rahitha. E Participated in Kabaddi Women's Junior National Championship held at Rohtak, Hariyana in Feb 2020.
- Richie J ThomasParticipated in Kabaddi Women's Junior National Championship held at Rohtak, Hariyana in Feb 2020.
- VismayaSasidhranParticipated in Kabaddi Women's Junior National Championship held at Rohtak, Hariyana in Feb 2020.
- Vimala. J Participated in Kabaddi Women's Senior National Championship held at Jaipur, Rajasthan in March 2020.
- Akhila. G Participated in Kabaddi Women's Senior National Championship held at Jaipur, Rajasthan in March 2020.
- Rahitha. E Participated in Kabaddi Women's Senior National Championship held at Jaipur, Rajasthan in March 2020.
- VismayaSasidhranParticipated in Kabaddi Women's Senior National Championship held at Jaipur, Rajasthan in March 2020.
- Sreelekshmi. L.S Participated in Kabaddi Women's Senior National Championship held at Jaipur, Rajasthan in March 2020.

All India Inter University Level Achievement:

- Akhila. G Participated in Kabaddi Women's South Zone Inter University Championship held at Chennai, Tamilnaduin Oct 2020.
- ➤ Richie J Thomas Participated in Kabaddi Women's South Zone Inter University Championship held at Chennai, Tamilnaduin Oct 2020.
- > Sreelekshmi. L.S Participated in Kabaddi Women's South Zone Inter University Championship held at Chennai, Tamilnaduin Oct 2020.

Inter Collegiate/ Kerala UniversityLevel:

Sree Narayana College for Women, Kollam participated in the following Inter Collegiate Championships in 2019-20;

- 1. Cross Country
- 2. Kabaddi
- 3. Wrestling
- 4. Weight lifting
- 5. Boxing
- 6. Athletics
- 7. Power lifting
- 8. Canoeing & Kayaking
- 9. Roll ball

Cross Country:

The Cross Country team of our college participated in the Intercollegiate Cross Country Championship held at St. Stephen's College, Pathanapuram on 4th& 5th Sep 2019.

Kabaddi:

The Kabaddi team of our college participated in the Intercollegiate Kabaddi Championship held at Sree Narayana for Women, Kollam on 18th&19th September 2019. Our College team secured the position of the **First Runner up in TheKabaddi Women's Championship 2019-20**.

- ➤ Abhirami. S secured Silver Medal.
- Akhila. Gsecured Silver Medal.
- > Anna Robin secured Silver Medal.
- Arya. A. B secured Silver Medal.
- ➤ BeemaNowrin. N secured Silver Medal.
- ➤ Hima Mohan secured Silver Medal.

- Parvathy R secured Silver Medal.
- Rahitha E secured Silver Medal.
- ➤ Richie J Thomas secured Silver Medal.
- ➤ Riyana Darwin secured Silver Medal.
- Sreelekshmi L.S secured Silver Medal.
- ➤ Vimala. J secured Silver Medal.
- ➤ VismayaSaidharan secured Silver Medal.
- ➤ Vismitha. V secured Silver Medal.

Wrestling:

The Wrestling team participated in the Intercollegiate Wrestling Championship held at Sreepadam Stadium, Attingal on 4th& 5th October 2019. Our College team secured the position of the **First Runner up in The Wrestling Women's Championship 2019-20**.

- Anupama. B secured Bronze Medal in 63Kg Category.
- Anushma. S secured Bronze Medal in 72Kg Category.
- ► Hima Mohan secured Gold Medal in 55Kg Category.
- Vismitha. V secured Silver Medal in 58Kg Category.

Weight Lifting:

The Weight Lifting team participated in the Intercollegiate Weight Lifting Championship held at Sree Narayana College for Women, Kollam on 29th&30thOctober 2019. Our College team secured the **Weight LiftingWomen's Championship 2019-20**.

- Anakha S Nathsecured Bronze Medal in 58Kg Category.
- Anna Robin secured Gold Medal in 75Kg Category.
- Anupama B secured Silver Medal in 69Kg Category.
- ➤ Devika. S secured Silver Medal in 55Kg Category.
- ► Hima Mohan secured Gold Medal in 58Kg Category.
- Lakshmi Gsecured Bronze Medal in 85Kg Category.
- Maya. S secured Bronze Medal in 45Kg Category.

- Riyana Darwin secured Silver Medal in 63Kg Category.
- Vismitha. V secured Gold Medal in 63Kg Category.

Boxing:

The Boxing team participated in the Intercollegiate Boxing Championship held at Sreepadam Stadium, Attingal on 23rd& 24th November 2019.

- Anna Robin secured Bronze Medal in 72Kg Category.
- Anupama. B secured Bronze Medal in 63Kg Category.
- Lakshmi. G secured Gold Medal in 85Kg Category.

Athletics:

The Athletic team participated in the Inter Collegiate Athletic meet held at University Stadium, Trivandrum on 12^{thto}14thDecember 2019.

- > Anna Robin secured Shot Put Gold Medal
- > Anna Robin secured Discuss Throw Silver Medal.
- Akhila. M secured High Jump Gold Medal
- Akhila. M secured 3000 Meter Steeple Chase Bronze Medal.
- ➤ Jisha Jain secured 20Km Walk Bronze Medal.

Powerlifting:

The Powerlifting team participated in the Intercollegiate Powerlifting Championship held at DPE, Thiruvanadapuram on 11th&12thJanuary 2020. Our College team secured the **Power Lifting Women's Championship 2019-20**.

- Anupama. B secured Bronze Medal in 63Kg Category.
- Devika.S secured Bronze Medal in 55Kg Category.
- ► Hima Mohan secured Silver Medal in 57Kg Category.
- Lakshmi. G secured Bronze Medal in 81Kg Category.
- Vismitha V secured Silver Medal in 63Kg Category.

Canoeing & Kayaking:

The Canoeing & Kayaking team participated in the Intercollegiate Canoeing & Kayaking Championship held at SAI Centre, Punnamada on 23rd& 24thJanuary 2020.

Roll Ball:

The Roll Ball team participated and secured the **Second Runner-up position** in **the Intercollegiate Roll Ball Women's Championship** held at Central Stadium, Thiruvanadapuram on 24th& 25th February 2020.

- ➤ Abhirami. S secured Bronze Medal.
- Archana Anil Kumar secured Bronze Medal.
- Arya A. B secured Bronze Medal.
- Devika. S secured Bronze Medal.
- Jaykrishna J secured Bronze Medal.
- ➤ Jisha Jain secured Bronze Medal.
- ➤ Karishma Rose Ignaious secured Bronze Medal.
- Leenu L.S secured Bronze Medal.
- ➤ MeeraKrihna R L secured Bronze Medal.
- Nehinsha L.S secured Bronze Medal.
- Parvathy R secured Bronze Medal.

Riyana Darwin secured Bronze Medal.

Club Activities /Seminars/Workshops conducted by various department

- The department of Botany in association with Kerala State Council for Science ,technology and Environment observed World Environment Day 2019 celebrations on 26 th June 2019. They also conducted Seminar on "Air Pollution" and Quiz program (Rs 12,000)/ on 27th June 2019.
- The department of Botany in association with Kerala State Council for Science technology and Environment organised **World Wetlands Day 2019** celebrations from 1 to 5 th of February 2019.

- The Science club of the college conducted a District level seminar on 'Astronomy and space related science' for various schools and college students in association with Depart of Physics, Energy conservation club and Break Through Science Society, Kollam. On 26 December 2019,a workshop was conducted for observing solar eclipse. As part of science day celebration, the science club of our college in association with department of Physics conducted an 'Interdepartmental quiz competition.
- A Regional level Seminar was organized by the department of Hindi as part of Prem chand Jayanthi Celebration on 31st July 2019
- Hindi Week Celebration was observed from 19th Sep to 25th Sep 2019.
- One Day National Seminar was organized by the department of Hindi in collaboration with PTA on 22nd August 2019 on the topic "Problems of Women Depicted in Contemporary Hindi Literature".
- Three Day International Seminar was Organized by the department of Hindi in Collaboration with Vani&AmanPrakashan, New Delhi on 20th,21st& 22nd January 2020. Topic "Indian Literature, Language and Mass Media"



• The department of chemistry, celebrated 'world space week 2019' on 9/10/2019 in collaboration with VSSC, Thiruvananthapuram. A lecture on "Welcome to the fascinating space through ISRO" was delivered by Mr. Anish Samuel,

Project Manager in the Avionics Area of GSLV MKIII launch vehicle, VSSC, ISRO, Thumba.

- The department of Chemistry organised invited lectures on 'Smart Materials and Analytical Techniques on 3 rd September ,2019.
- The department of Chemistry observed International Year of Periodic Table (IYPT 2019) celebrations and released the 13th issue of Thanmathra –A Newsletter
- "Invited Lecture on Reading Strategies" was organised by the department of English on 31 January 2020 as part of the PANLORE 2020 seminar series.



- The Postgraduate Dept of English in association with the Literary & Book Club organized a Literary Fest LiFe@19 on 7 March 2020 to unearth the literary and creative skills of our students. As part of the Literary Fest organized by the Literary Club and the PG dept of English, Staging a Painting contest was organized wherein students recreated on stage the classical paintings of the bygone and contemporary artists. They also organized a Skit Competition- ACT IT. The students staged theatrical versions of literary works like Matsyagandhi, Under Fire and Night at the Museum.
- The PG department of English organized an Invited Lecture on *Introduction to Cultural Studies* was delivered by Dr. N Prasanthakumar, Professor of

Sree Sankaracharya University of Sanskrit, Kalady on 31 January 2020 as part of the PANLORE 2020 seminar series..

- The department of Biochemistry and Industrial Microbiology organised a talk on *Novel Strategies to Overcome Resistance to Chemotherapy in Cancer* was delivered by Dr Vinod S Asst Professor S N College Kollam on 30 January 2020 as part of the PANLORE 2020 seminar series.
- The department of Commerce organised *One day workshop on GST* by Mr.Shibu Gopi (Cost Accountant), August 19,2019 in the Seminar hall from 9.30 am to 3.15 pm. The workshop enabled the students to understand the concept of GST, its calculation and implication in the economy.
- The department of Commerce organized *Awareness class on logistics courses* by Ms. Athira A (Career Counselor, Level three education, Cochin) on October 31 ,2019 in Room No :29 ,Final year B.com.The class made awareness among the students about the scope, relevance and the prospects of logistic courses
- The department of Commerce organised an *Orientation class on tally software* by Abhilash G (Managing Director, Cyberia Softwares private ltd, Kollam) , on *December 6 ,2019,Room No:27 (Digital Hall)* discussed about the need and importance of Tally software and its practical application in trade and commerce
- The department of Commerce organized an *Awareness programme on careers in Chartered Accountancy* by a team from the Institute of Chartered Accountants of India-Kollam Chapter, on January 10, 2020, in the Seminar Hall from 10.30 am to 12.30 pm. It discussed the Course Content, Career prospects, and the ways to crack the exam.
- The department of Commerce organised an *Orientation class on Chartered Management Accountancy Course* by a team from IAT Professional Campus,Kottarakkara,Kollam on February 18, 2020. It was organized with the objective to initiate interest and confidence among the students towards taking up courses like

CMA. The doubts regarding the component of the course ,eligibility criteria etc have cleared during this session.

- The department of Commerce organised a class on *Questionnaire designing* by Devi Krishna (Research Scholar in Commerce ,University of Kerala) on 22 February 2019. The class was arranged with the objective to give guidance for the final year students in project preparation.
- The department of Commerce organised a *One day Seminar on Passionpreneur culture :* exploring new horizons in career prospects.by Jacob Mathew (Recipient of Best Trainer Award by Bisgate,Kerala) February 6,2020. The seminar discussed on passionpreneur culture which is a new approach in the business or economy, with new components of culture and methodology to achieve effective results in modern enterprises and companies.
- The department of Economics inaugurated the Debate Club CROSS FIRE on 4 October 2019. Dr. Seetha Thankappan, Former Head Department of English inaugurated the Debate Club and conducted a debate contest on Mobile phones use among youth today.



- The department of Economics organised an Invited talk on "Evaluating Programme Impact: RCT and other tools" by Dr Deepa Sankar, Chief of Education, UNICEF, Uzbekistan.
- The department of Commerce organised an Awareness class on Skill and training enhancement programme for the final year b.com students on february 25 by SMEC LAB.
- One Day WorKshop on *Thesis Writing Skills* was organized by the department of Economics in association with Planning Forum on 6th Feb. 2019.
- The dept of Economics organized a One day Seminar on "The Significance of Mathematical Tools in Economics" on 18 Sept 2019. The keynote address was delivered by Dr. S. Selvakumar Assistant Professor of Mathematics, Anna University College of Engineering, Nagercoil. More than 100 students participated in the seminar.



- The dept of Economics organized an invited lecture on "Recent Trends in Financial Sector of India" by Mr Roberse Thomas, Asst Prof in Economics, St Thomas College, Pala.
- An Invited Lecture on Research Methodology was organized by the department of Economics in association with Planning Forum on 13 January 2020
- The department of History in association with the Human Rights forum conducted a Seminar on "Problems and Challenges of Human Rights in India "on December 10, 2019.
 P Jinimon, Assistant Professor of History, University of Kerala, Kariyavattom inaugurated the Programme.
- The department of History in connection with Indian Independence day Celebrations conducted a College level Elocution programme on the topic "Contemporary Issues of Post Independence India" .20 Students participated in this programme.
- The department of History conducted a National Seminar on Ayyankali and Social
 Change in Kerala in connection with Ayyankali Day on August 30,2019. Dr K.
 Anchayil Raghu, former Principal and Professor delivered Keynote address. Research
 Scholars, Students and teachers participated in the seminar.
- A One Day Seminar on "Aikya Kerala Movement" was organised by the department of History in Connection with Kerala Piravi on November1,2019. K Sabukuttan, Registrar, former Professor and Head, State NSS Programme Officer delivered the keynote address.
- The department of Malayalam organized a One day Seminar on *Bhashayum Sankethika* vidyayum on 06 Sept 2019. The keynote address was delivered by *Dr.Seema Jerome,Assistant Professor,Department of Malayalam,University of Kerala*. More than 100 students participated in the seminar.

- The department of Malayalam organized a One day Seminar on *Sahithyathile Sthree* on 30 August 2019. The keynote address was delivered by Dr. S. Ajayaghosh, Associate Professor, Department of Malayalam, Sn College Kollam. More than 100 students participated in the seminar.
- The dept of Malayalam organized a One day Seminar on Vayalar Ramavarma on 29
 October 2019. The keynote address was delivered by Dr.C Lekha, Associate Professor,
 Department of Malayalam, SN College Cherthala. More than 100 students participated in
 the seminar.
- The department of Malayalam organized *Kathakali workshop & Demonstration* for College Students on 01 october 2019. Kalamandalam Rajeev, Navaramgam Kathakali Samgam, Mayyanad was the resource person..



- The department of Malayalam organized a One day Seminar on Kerala Piravi on 01 November 2019. The keynote address was delivered by Dr. Suchithra.M.S Head of the department, Department of Malayalam,SN college kollam. More than 100 students participated in the seminar.
- The dept. of Physical Education organized an adventure trip and trekking at Thenmala on 31st January and 1st February 2020.
- The department of Zoology and the Community Health club of othe college organized a Seminar on "Rabies Eradication" in collaboration with the Department of Health Services and the Department of Veterinary Association.
- The department of Zoology and Community health club of the college in collaboration with District Medical Office, Kollam conducted a survey on Mosquito Source Reduction in Mundakkal, Kollam district on 15/07/2019.

•

NCC

An efficient unit of 3(K) Girls BN NCC, SeniorWing is working at Sree Narayana College for Women, Kollam with 160 cadets. The academic year 2019-20 enrolled 70 cadets from first-semester degree classes on 29th August 2019. The strength of the second year was 51and third-year cadets was 39. The tenure of NCC service is three years. A total of 35 parades was conducted, which includes both theory and practical syllabus of the year

Our Pride U/O SARIKA S Represented Republic Day Parade 2020 at New Delhi. Ninetycadets attended Annual Training camps. Sgt Surya Suresh attended Rock climbing Trekking Camp at Gwalior.SU/O Jeethu J Panicker attended Attachment Training Camp at Chennai. Seven cadets attended various EBSB camps.

June 5th World Environmental Day celebrations were inaugurated by our respected principal Dr.K.Anirudhan by planting saplings in the college premises and he delivered a talk on disaster due to the use of plastics.

Fifty Cadets participated in 'Kollam Monsoon Marathon 2019' conducted on 16th June for creating awareness against Drug addiction in society.

In connection with International Yoga Day NCC unit conducted Yoga at Kollam beach on 21st June 2019 to make people aware of the benefits of yoga in life.110cadets participated in the yoga.

As part of International Day against Drug abuse and Illicit Trafficking on June 26, the Cadets of NCC unit SNCW in association with 3 K Girls Bn NCC, Kollam conducted an awareness rally at Chinnakada to make people aware of the harmful effect of drugs and to determine a society free of drug abuse. As part of **National level Mega Pollution awareness** program of **SwatcchBharat**, NCC unit SNCW organized Road Show 'NukkadNatak' regarding the ill effects of **Air pollution** on 3rd July 2019.90 cadets participated. As part of **National level Mega Pollution awareness** program of **Swatcch Bharat**, NCC unit SNCW organized Road Show 'NukkadNatak' regarding the ill effects of **Noise pollution** on 10th July 2019. 90 cadets participated. Four cadets of SNCW, Kollam made their contribution to **SWACHHATA PAKHWADA** cycle Rally from NCC Gp HQ to Mavelikkara to accomplish the aim of clean Kerala clean India Mission on 10th August 2019. Kargil Vijay Diwas was celebrated on July 26 with various programs.

On 13th August 2019 as part of Flood Relief Operations, the NCC Unit of SNCW collected, purchased, and distributed variously needy products and daily survival items to Kollam flood relief camp. Grand finale of **Mega SwacchtaPakhwada** on 2nd October 2019, 3 K Girls Bn NCC Unit, & K Bn NCC Unit &NCC unit SNCW jointly organized Kollam beach cleaning and Cadets also participated in the Gandhi Smruthiyathra. As part of the "Clean Kollam Project", by Kollam Municipal corporation, 115 NCC cadets of SNCW participated in the procession conducted on 1st November 2019 to make aware of the public about the importance of cleanliness and avoid the use of plastics.

Cadets Participated in the Event "Run For Safe Childhood" conducted from Ashramam ground to Kollam beach on 20th November 2019.

Observance of NCC day celebrations 2019, on 25th November, Administrative Officer of 3 K Girls BN NCC, ANO of SNCW, GCIs, PI staffs, and 123 cadets visited An Old age home "SS Samithi, charitable organization and psycho rehabilitation center come old age homeMayyanad and issued provisional items and daily survival items and cadets entertained the inmates with

various cultural programs. As part of **SwacchBharathAbhiyan** NCC unit SNCW in association with 3 K Girls Bn NCC, Kollam organized **'Plogging'** at Kollam beach on 7th December 2019.Officer Commanding Col Kishore Bhagwat, ANO Lt Lakshmi Gopidas, GCIs, PI Staffs, and 128 cadets participated. The unit celebrated Republic Day by hoisting the flag and conducted Republic day Parade.Cadets presented various patriotic events.

NCC cadets of SNCW in association with 3 K Girls Bn NCC && K bn NCC engaged in Crowd control duty at Kollam Thangassery fishing Harbour amid covid pandemic, from 06/05/2020 onwards for several weeks to check social distancing and passes and raising Covid 19 awareness among fishermen.

NSS

The college has an active NSS Unit 13 a& b which aims to enable the students to understand the community in which they work, understand themselves in relation to their community, identity the needs and problems of the community and involve them in problem-solving, develop among themselves a sense of social and civic responsibility and to develop the personality and character of the student youth through voluntary community service. A broad range of activities was being conducted by the unit during the academic year 2019-20 which includes celebrating the world environment day, Supplying Uniform to adopted school at Govt. L.P School Ashtamudi, participation in Swach Bharath rally, a rally against the use of Plastics, and cleaning program in Kollam beach.



Our NSS volunteers celebrated Independence day to honor those who lost their lives defending the sovereignty of India., Gandhi Jayanthi, Republic day, NSS day was also celebrated in the most befitting manner. They also observed days of national and international importance like World mental health day, national Ayurvedic day, National Energy Conservation Day. Two of the NSS volunteer participated University Level Leadership camp at Thiruvananthapuram. They also attended three-day training in Youth Leadership Community Development camp conducted by Nehru Yuva Kendra Kollam, and Election Campaign seminar conducted by Election commission. Annual Special Camp named *Healthy* Youth for Healthy India was held in the college from 22 December to 28th December., We are proud to share that our NSS Programme officer Ms.Devipriya D and one volunteer Vidya Dev T S attended the National Integration camp at Himachal Pradesh. The unit celebrated National Women's Day by organizing a seminar on *Earning by caring pets* in association with the Dept. of Veterinary and Animal Husbandry training Centre-Kottayam.



At the time of adversities due to the Covid pandemic, Our NSS unit launched the handwashing mass campaign BREAK THE CHAIN to fend off the Covid-19 spread.

We take this opportunity to express our sincere gratitude to, our Management, our teaching, and non teaching staff, students and parents who have been with us in all our activities with maximum support and co-operation.